

# Patient instructions for collecting stool specimens

## For Ova & Parasite (O&P) testing

Use the 2 Para-Pak® vials (gray-PVA & pink-formalin tops) that are bagged together. O&P tests may be ordered “times 3,” which means 3 separate bags (6 vials) may be needed.

1. Write your name and the date on the side of each vial.
2. Each day for up to 3 successive days, collect some stool from a random bowel movement, and place it into one of each type of vial (gray and pink) up to, but not higher than, the line marked “fill line.”
3. Be sure to replace the correct colored lid on each vial after you have filled it.
4. Maintain specimens at room temperature.
5. Take all vials (in bags) to the Labcorp patient service center at the same time. Be sure the Labcorp order form is in the side pocket of one of the bags. The lab will be unable to accept your specimen without it.
6. Liquids in the vials are poisonous. Keep away from children.



PVA and Formalin vials

## For *C. difficile* toxin or *Helicobacter pylori* antigen testing

Use the white-top Para-Pak® clean vial or other sterile screw-cap container.

1. Write your name and the date on the side of the vial.
2. Collect some stool from a random bowel movement, and place it in the vial.
3. Keep specimen in the refrigerator.
4. Take the vial (in bag) to the Labcorp patient service center as soon as possible (within 12 hours). Be sure the Labcorp order form is in the side pocket of the bag. The lab will be unable to accept your specimen without it.



Clean vial

## For Stool Culture testing

Use the orange-top Para-Pak® C&S (Cary Blair) vial. Write your name and the date on the side of the bottle.

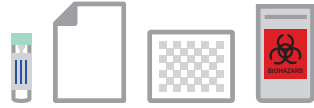
1. Collect some stool from a random bowel movement, and place it in the vial up to, but not higher than, the line marked “fill-line.”
2. Maintain specimen at room temperature.
3. Take the vial (in bag) to the Labcorp patient service center as soon as possible. Be sure the Labcorp order form is in the side pocket of the bag. The lab will be unable to accept your specimen without it.



C&S vial

Prior to collecting samples over the weekend, please discuss arrangements for return of samples with the Labcorp patient service center.

## For immunochemical fecal occult blood testing (iFOBT)



**1**  
**Read through the instructions completely before collecting the sample.** Test results may be invalid if sample is not collected properly.

**2**  
**Open your kit and place all the contents on a clean, dry surface.** It may be helpful to place on a counter in the bathroom so you can quickly reach it from the toilet.



**3**  
**Label sampling bottle with name, date of birth and collection date.**



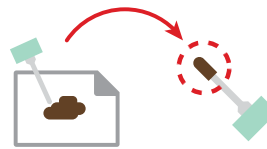
**4**  
**Place the collection paper inside toilet bowl on top of water.** If you need to urinate, do so before placing the collection paper in the toilet to keep the top of the paper dry.



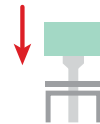
**5**  
**Deposit stool sample on top of collection paper.**



**6**  
**Hold collection device vertically and open green cap by twisting and lifting the probe from the device.**



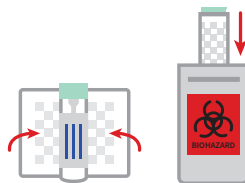
**7**  
**Scrape the surface of the fecal sample with the sample probe.** Cover the grooved portion completely with stool sample. Collect sample from stool before paper sinks and stool sample touches water.



**8**  
**Close collection device by inserting the sample probe and snap green cap on tightly.** Do not reopen.



**9**  
**Flush.** Collection paper is biodegradable and will not harm septic systems.



**10**  
**Wrap the collection device in the absorbent pad and insert into the biohazard specimen bag.**



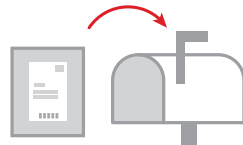
**11**  
**Record sample collection date on Test Requisition Form** (you should receive this form from your doctor. It is required before sending the envelope to the laboratory).



**12**  
**Place the sealed biohazard bag containing your specimen and completed Test Requisition Form into the hard mailing envelope.**



**13**  
**Peel tape from flap of envelope. Fold flap at line. Press flap firmly to seal.**



**14**  
**Place the prepaid sealed mailing envelope in your mailbox to return to the lab.**

**Sample must be sent within 24 hours of collection.**

**15**  
**Results available in the Labcorp Patient™ portal 7 to 10 days after the sample arrives at the lab.** Visit [patient.labcorp.com](http://patient.labcorp.com) to set up or access your account. To view a dependent's results, add them to your account.

To see a video, scan QR code:



Or go to [www.labcorp.com/cancer/colorectal/patients#video](http://www.labcorp.com/cancer/colorectal/patients#video)

